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# Community Journal



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Week of March 30, 2025

## The Shane Center Presents Stephanie Davis with Fred Newman for a Live Western Radio Show

The Shane Lalani Center for the Arts is announcing their spring Shane Center Presents with a performance by Western singer/songwriter Stephanie Davis and sound effects king Fred Newman (with special guests). The performance is being sponsored by Walter & Regina Wunsch/SPECTEC, Colin & Seabring Davis, and Home2 Suites. The performance is Saturday, April 12th at 7:30 pm in the Dulcie Theater at 415 E. Lewis Street in Livingston. Tickets are available now at [www.theshanecenter.org](http://www.theshanecenter.org), or at 406-222-1420.

Stephanie Davis has long been captivated by the magic of live radio. Growing up in rural Montana, where the lone local radio station featured everything from cowboy poetry to the hog report, with ads with homemade jingles in between, was, to her, both magical and the comforting sound of home. Years later, as a singer-songwriter, she was invited to be a semi-frequent guest on Garrison Keillor's iconic "A Prairie Home Companion" radio show. This was not only a dream come true, but one that sparked the dream to one day write her own show. She has had songs recorded by Garth Brooks, Trisha Yearwood, Martina McBride, Sam Moore,

and many more.

Fred Newman is an actor, comedian, composer, sound effects artist both in person and for film, singer and former talk show host. Newman is known for his ability to make 'mouthsounds' and is not a traditional Foley artist. He has also done character voices and sound effects in numerous film, television and video game credits, including Who Framed Roger Rabbit, Doug (as Skeeter Valentine, Porkchop, Mr. Dink, Stinky, and other characters), Grand Theft Auto 2, Harry and the Hendersons, Gremlins, Munchies, Storybook World, Elmo's World as a special guest on the episode "Mouths" (2007), Wolf and Men in Black.

Stephanie Davis spoke about the



upcoming program this week from her home in Austin, Texas.

**You're bringing a show to Livingston Montana in April. Tell us what that's going to be like.**

Well, it is going to be great fun with some things that people have never experienced before. We're bringing the world's (in my opinion and many others) greatest sound effects man—Mr. Fred Newman. He is such an artist

himself. We met through the Prairie Home Companion with Garrison Keillor, where I was lucky enough to guest about 50 times. We've talked about doing something forever and this is it. We'll premiere it in Livingston and do pieces from Fred's show; some we've done before and there

are a slew of new sketches I've been writing. We've got a special musical guest from Livingston—Mr. John Lowell, who will be performing some of his original songs which have won skads of awards lately.

**Did you grow up listening to radio when you were growing up?**

When I'd be getting ready for school, we'd have the Red Lodge radio station on which really didn't have a format—which was glorious. It would start with the polka hour, and then move to the farm report and then to whatever music whoever was on wanted to play. It was really old school. Then my older brother and sister would put on the Billings rock and roll stations—there was always something going. The biggest thing that happened to me developmentally—my Dad was an electrician and worked on jukeboxes. He'd keep me loaded up with 45's. We had an old 45 player we got at a garage sale and I would sit for hours listening to those songs from the 40s, 50s, 60s. I learned them all.

**There is something so charming about a small town radio program.**

See Shane Center, Page 2

## Livingston Community Invited to "Who Does What Downtown" Event

The Livingston Urban Renewal Agency (URA) and Downtown Livingston Business Improvement District (LBID) invite downtown business and building owners, as well as community members, to an informative panel discussion, "Who Does What Downtown," on Tuesday, April 8th, at Wheatgrass Books.

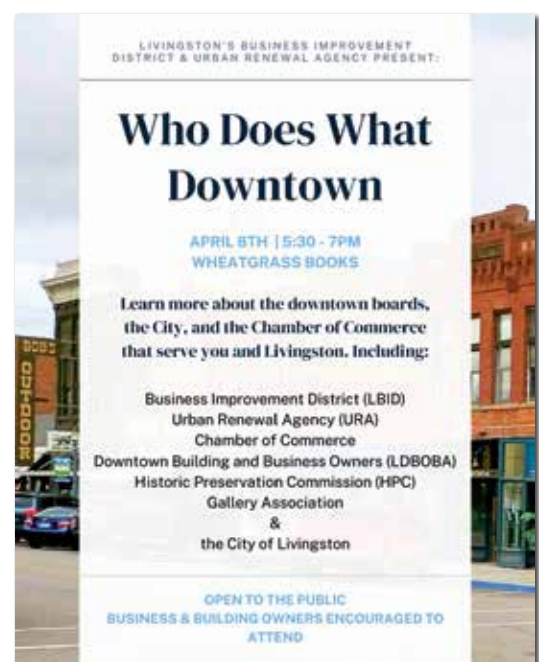
This event aims to clarify the roles of various downtown organizations,



including the URA, LBID, City of Livingston, Public Works, Historic Preservation Commission, the Livingston Gallery Association, Livingston Downtown Building Owners and Business Association (LDBOBA), and the Livingston Area Chamber of Commerce. Panelists will provide insight into their missions, funding sources, available grants and opportunities, and ways to collaborate effectively.

The evening begins with social time at 5:30 pm, followed by brief presentations at 6 pm and a Q&A session. This is a great opportunity to connect, ask questions, and explore how these organizations contribute to the success of Livingston's historic downtown.

For more information, please contact [info@downtownlivingston.org](mailto:info@downtownlivingston.org) or [ura@livingstonmontana.org](mailto:ura@livingstonmontana.org).



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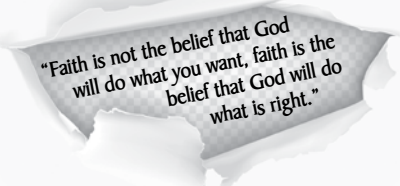
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### About Pliers and Prayers

*by Lois Olmstead*

We are writing about yelling "Help!" Or in other words, studying about prayer, talking with God.

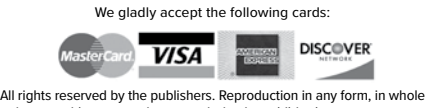
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# Shane Center

from page 1

Absolutely. It's magic. Getting to be a guest on PRC was so great. One day, Garrison was giving me a ride after a rehearsal and said, "Stephanie, you should do a show like this." He may as well have said you should sprout wings and fly—I thought, are you kidding? But the seed was planted. I never forgot that. This is something I really have thought about and worked on for a long time.

### I only ever listened to Prairie Home Companion on the radio, I never got to see one live. What is watching the show going to be like for the audience?

Ha, we'll find out! I love it. I love the idea that actors are standing right on stage holding the scripts and reading them and then the sound effects coming to life, all the timing that it takes to get everyone where they're supposed to be. I was intimidated writing these sketches (Garrison's show ran for 50 years) and this is only one show—that's daunting! But it's also so fun. I'm sitting here laughing out loud while I write. I can't wait to hear it live.

### Who might we meet and what characters are you introducing us to?

Well, we have Sierra Slade, CLD—

which stands for Certified Livestock Detective. And her mutt Seamus. They are going to be solving the case of the missing show chicken—which takes place in Livingston. The only thing she has to go by is a pair of her sparkling leggings used in the fourth of July rodeo show. As a matter of fact, she rides a miniature horse around the arena with a sparkler in her beak.

### For people who haven't seen Fred, what is that like? What props does he have in front of him?

Sometimes he has just himself and his vocal cords, that's what's so great about him. Sometimes he'll have a station with sand and gravel in it for shoes walking, and he uses a ruler for a gunshot that he snaps. He does all kinds of creative, innovative things. Sometimes with just his voice he can sing two ducks singing "In A Gadda Da Vida" in harmony. You think, oh—no way. Hopefully, we can get him to do that. He's got a friend who is a filmmaker in Gardiner, and Fred did the sound of Old Faithful in his films, which play at the visitor's center. He does the geyser at 10,000 ft deep, and when it's coming up, when it's exploding. He's just incredible.

### Does Fred know what you're going to throw his way?

He will have the script, and he makes notes. Then we do a run through. Sometimes he'll give me a list of sounds he can

do in case I can work those into a sketch. Sometimes it is on the fly—with imaginary animals. I can't wait to hear how the rodeo chicken trick rider with a sparkler in her mouth is going to sound! In past shows, when I give him a script, he takes a lot of notes.

### For people trying to figure out if they want to come to this show (the answer is yes, you really do) it's going to be a dazzling sensory experience. We're used to listening to a radio program, but this will be a new experience of watching AND listening.

It is like a modern throwback to old time radio shows. It's casual, and flows. There's always movement on the stage, with people taking their places and doing their songs. It's funny on a lot of levels. Don't come expecting something too fancy or slick. The interaction on stage is really fun to watch. We're going to give it our best and have a great time.

### You were just in Livingston last fall for the first ever Livingston Songwriter Festival.

Yes, and that was fantastic. That's what spurred us to do this show—when I saw the lovely Shane Center and found out this theater was available. It's just perfect. Fred is willing to come in and we're going to see what this turns out to be. I think people are going to like it.

## 2ND ANNUAL TRAVELERS GUIDE

The second annual Travelers Guide will be coming out in May of 2025!

If you are interested in advertising your business for tourist and new residents, please call Denise at 406-396-1497 to reserve your space.

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MONTANA'S DEPT. OF PUBLIC HEALTH & HUMAN SERVICES

# NIGHT AT THE MUSEUMS

## AN EVENING OF PARK COUNTY TRIVIA

### AT THE DEPOT

# APRIL 1ST

5:30 pm DOORS

6:30 pm GAME

TICKET: \$50  
LIVINGSTONDEPOT.ORG

Special Guests:  
**QUINN CONLEY**  
**MAGGIE HENDERSON**

The Livingston Depot and the Yellowstone Gateway Museum are teaming up for a lively night filled with PRIZES, RAFFLES, local FOOD and DRINK vendors, and more!

Fundraising proceeds to benefit BOTH Museums

### How much do you know about Park County?

# Meals on Wheels Temporarily Loses Funding; Needs Your Help!

Livingston's Meals on Wheels, a non-profit organization responsible for preparing, serving and delivering affordable meals to senior citizens, recently suffered a significant loss of funding due to



**Tony Crowder**  
Managing Editor

federal budgeting freezes implemented by the Trump administration—allegedly temporary suspensions slated to resume shortly, yet not without consequence for social welfare programs and their beneficiaries. In response, state legislators have allocated provisional funding to the program, though compensatory reparations are subject to an indefinite delay.

Meals on Wheels received only 40% of its total funding in March without any federal assistance and is now seeking donations to supplement funding for their operations. The organization provides a crucial community service for the elderly, many of whom are disabled and impoverished, relying on social security and other forms of aid to meet their basic needs.

Since 1976, Meals on Wheels has provided homecooked meals to the Livingston community. Their current headquarters, located in the Senior Center at 206 S. Main Street, includes a kitchen and dining area where lunch is served onsite Monday through Friday

from 12:00 to 12:15 pm. Meals typically consist of items easily cooked in bulk, such as roasted pork and chicken enchiladas, and are prepared by a small staff featuring one head chef and two assistants.

Between 10 and 20 people regularly attend congregate meals, whereas 60 others receive home delivery services between 10:30 am and 12:30 pm Monday, Wednesday and Friday. During the 2025 fiscal year, the organization has served roughly 80 unique clients onsite. Meals prepared for home delivery, which are sealed, frozen and oven safe, are available for purchase following lunch hours and are also provided once weekly to a small group of individuals who live outside of the delivery area. Weekend services are offered via delivery and onsite upon request.

Because the organization is sponsored by the Older Americans Act (OAA), participants 60 years and older are not required to pay, though, such individuals are encouraged to donate \$6 per meal. On the other hand, federal guidelines require recipients under the age of 60 pay at least the cost food, which currently amounts



to \$8, mandated to increase \$.50 every six months beginning in April. A large majority of congregate diners, estimated at 98%, purchase their meal. Conversely, a mere 28% of homebound recipients

purchase their meals. Such individuals are often isolated, lack financial resources and transportation or struggle with disabilities—obstacles for purchasing food and shopping at the grocery store. Executive Director Tabatha Streuly explained that interactions with delivery drivers may represent limited opportunities for these individuals to socialize with others—a potential protective factor for promoting positive mental health outcomes in a population otherwise forsaken.

"Our primary goal is to help seniors maintain their independence. Seniors have been around my whole life, and I feel like we should take care of them for the work they've done," says Streuly.

The fundraising campaign, launched earlier this month via Facebook, is seeking monetary contributions and a wish list of supplies, including dish soap, grocery bags and other items, accessible at <https://www.facebook.com/Livingstonmow22>.

Fiscal contributions may also be mailed to 817 West Park Street in Livingston, their new location for Meals on Wheels that was received via donation. The site is currently undergoing renovations, which will not be funded through state or federal support.

For more information or to inquire about board membership, please contact Tabatha Streuly at [livingstonmow22@gmail.com](mailto:livingstonmow22@gmail.com).



## Spring Fling Graft Show

Sat. April 5th 9-3pm

### Park County Fairgrounds

**Raffle Prizes**

100% of ticket sales benefit

**Park County Rural Fire District 1**

Stop by to say hi to the Firefighters working the booth!

Food Truck Outside & Espresso Trailer Inside

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Park County Fairgrounds, 46 View Vista Drive, Livingston MT  
vendor signup email: [emigrantpeoplesmarket@gmail.com](mailto:emigrantpeoplesmarket@gmail.com)

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## Meals for March 31<sup>st</sup> - April 4<sup>th</sup>

**LIVINGSTON MEALS ON WHEELS**

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406-333-2490

Check us out on Facebook  
Livingston Meals on Wheels

Lunch served cafeteria style  
Serving food until 12:15 pm

**SUGGESTED DONATION \$6 PER MEAL IF OVER AGE OF 60 NO MEMBERSHIP NEEDED \$8 if under 60**

Salad bar included in meal price  
If you would like a to-go meal please call before 9am

**Monday, March 31st** - Italian sausage pasta, green beans, garlic bread, banana, cake, milk

**Tuesday, April 1st** - Clam chowder, breadsticks, celery sticks, oranges, milk

**Wed., April 2nd** - BBQ chicken, potato salad, bananas, cake, milk

**Thurs., April 3rd** - Hamburger hash, green beans, roll, peaches, milk

**Friday, April 4th** - Beef roast, roll, potatoes, gravy, brussel sprouts, cake, milk

# Hand Sanitizer: Untangle Facts from Falsehoods

Since the pandemic, many businesses and establishments have installed hand sanitizer dispensers at their entrances. Small bottles that slip easily into a handbag or car's glove box have also become essential items for those wanting to protect themselves against viruses. However, much misinformation persists about these products. Here are a few myths to dispel:



**Using hand sanitizer and washing with soap and water are the same thing.**

Washing with soap and water for more than 30 seconds is necessary to remove dirt and thoroughly cleanse the skin. Hand sanitizer serves as a complement to traditional handwashing.

**A very high percentage of alcohol is more effective.**

An excessively high alcohol content (ethanol or isopropanol) can undermine the product's antiseptic properties. For optimal effectiveness, choose sanitizers containing 60 to 80

per cent alcohol.


**Hand sanitizer dries out your skin.**

Many manufacturers add moisturizing agents to their hand sanitizers to counteract the drying effects of alcohol. However, frequent handwashing can also lead to dryness.

**Frequently using hand sanitizer is detrimental to your long-term health.**

Scientific data shows no evidence that using hand sanitizer is detrimental to your health. In fact, hand sanitizer can help protect against infectious agents.

Stock up on high-quality hand sanitizer at a pharmacy or retail store near you.



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**April is National Volunteer Month**

Volunteers generously donate a part of their lives to serve others in various ways—cleaning up after an event, fostering shelter pets, chaperoning school field trips, serving meals, greeting the public, weeding, lawn mowing or helping with a mailing. In April, we salute them for their unwavering services to organizations and to their local communities and hold aloft their examples to inspire folks of all ages to serve others.

We will have our 2nd Volunteer Tribute published in the April 27th edition of the paper. Be sure to be a part of this celebration of the volunteers who have given their time and efforts to your local organization. Email the following info to [jill@pccjournal.com](mailto:jill@pccjournal.com).



**Happy National Volunteer Month**  
April

- Organization Name
- Logo
- Mission statement
- How volunteers are crucial
- List up to 25 volunteers or groups

# Livingston Film Series Presents: Frozen Frames, An Evening with Tom Murphy

What can we say about Tom Murphy?

- He graduated with honors from Montana State University in 1984 with a Bachelor of Science Degree in Anthropology. He spent years combining photography with archeological field work, locating, recording, and testing historic and prehistoric sites on the Northwest Plains.
- In 1978, he established a professional career in photography when he moved to Livingston. His photographic passion and specialty is Yellowstone National Park.
- He has skied across the entire park three times. The first was in 1985 on a 14 day, 175 mile, solo trip in the dead of winter.
- Two things motivate him to travel by way of backpacking: a desire to see



Yellowstone's wild backcountry and a desire to understand and photograph the behaviors of free roaming wildlife as well as the colors, shapes, and textures of the land.

- Through Wilderness Photography Expe-

ditions, he built an internationally respected photography seminar series teaching natural history photography primarily in Yellowstone Park.

- His photographs have been used, both editorially and commercially, in numerous regional, national, and international publications. Clients include: Life, Architectural Digest, National Geographic, Audubon, BBC, Professional Photographers of America, Time, Newsweek, The New York Times Magazine, National Geographic Adventure, Esquire. He's a heck of a guy!



Plus Films just made this documentary about Tom Murphy, and we get to screen it with him and hear his thoughts about these awesome experiences.

Join them on April 10th at 7 pm at The Shane Center's Dulcie Theater at 415 E. Lewis Street. Doors open at 6:30 pm.

Livingston Film Series is generously sponsored by Marilyn Clotz & Mary Ann Bearden and Donald B. Gimbel.

# The Mountain Clown and Other Foul Animals

1. On March 26th, the Danforth Museum of Art (DMA) opens, *The Mountain Clown and Other Foul Animals*, a uniquely engaging exhibit by Livingston artist John Henry Haseltine.
2. On March 29th, April 4th, 5th & 11th, Haseltine will perform his one-man telling of a fictional Western folk tale, *The Phantom Chuckwagon*. All performances are at 6 pm.
3. Opening reception for *The Mountain Clown and Other Foul Animals* 5 - 8 pm on Friday, March 28th at the DMA.

*The Mountain Clown and Other Foul*

*Animals* is an irreverent jab at our cultural mythologies, specifically our Western and Pioneering narratives. Utilizing toys, puppets, performance and comics in addition

to painting, Haseltine explores how both self-produced folk art and kitsch mass production equally contribute to the legacy of western mythology. He's interested in the parallels between historical western expansion and contemporary gentrification in the region, as well as the ways stories can be manipulated to represent local and personal identities.

*Not fake, just fictional.*  
Billings Gazette, 2025



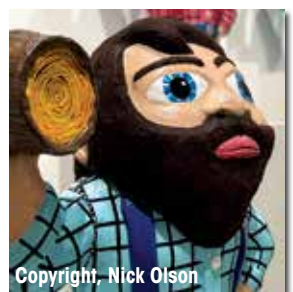
Copyright, John Henry Haseltine

Haseltine is a self-taught painter primarily inspired by American primitive painting and regional folk art, as well as mid-century kitsch and punk adjacent art from the 70s and 80s. His first book, *Westward & Miserable*, a collection of paintings and stories gathered from his past gallery shows, was published by Elk River Books in September 2024. *The*

*Mountain Clown & Other Foul Animals*, his first solo museum exhibition, opened in October 2024 at the Yellowstone Art Museum in Billings.

Admission to the Danforth Museum of Art is always free.

The DMA is open Tuesdays-Saturdays, Noon to 4 pm and is located at 106 North Main Street, Livingston. For more information, please visit [www.thedanforth.org](http://www.thedanforth.org).



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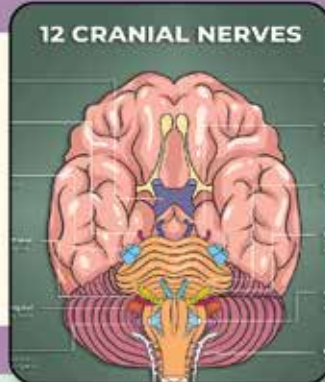
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# The Livingston Center for Art and Culture Presents "Connections: Teacher & Student" Art Exhibition Celebrating 25 Years of Artistic Collaboration and Mentorship

The Livingston Center for Art and Culture is proud to present *Connections: Teacher & Student*, an invitational exhibition curated by Hilary Honadel, Education Coordinator, in celebration of the Center's 25th Anniversary. Running from April 8th to April 26th, this exhibition will showcase the creative connections between local artists and their students, featuring artwork by both educators and their mentees. The artist reception will take place on April 18th, providing guests with the opportunity to explore a wide range of works across various mediums.

As Education Coordinator at the Livingston Center for Art and Culture, Hilary



**Kynnedi and Hilary working together while creating our lithographs in March 2025**

Honadel expressed her excitement, "I wanted to unite artists and educators for *Connections: Teacher & Student*. This exhibition celebrates the mentorship that drives artistic growth and strengthens our community." This show marks Honadel's first curated exhibition at the Center, making it a special milestone.

Dalton Brink, a Livingston-based artist, shared his thoughts on the significance of mentorship in the arts, "From my perspective, the mentor-mentee relationship is the most vital connection an artist can cultivate—more impactful and worthwhile than any degree or formal education. While academic institutions provide structure and theory, mentorship fosters

confidence, creativity, and a sense of belonging in ways academia simply cannot. Art is not just about technical mastery; it is about voice, authenticity, and the courage to create. A mentor helps shape that courage, offering guidance, encouragement, and the wisdom of experience."

Dalton reflected on his personal experience, "I was lucky enough to have a mentor in the artist Jay Schmidt, who taught me that art can be irreverent and funny, poignant and powerful. He showed me that art doesn't have to fit into rigid expectations—it can challenge, provoke, and bring people together in unexpected ways. That lesson gave me the confidence to embrace my own creative instincts and trust that art's impact is as much about its energy as it is about its execution."

Dalton concluded by emphasizing the lasting impact of mentorship, "Mentorship is a dynamic dialogue—a shared journey of discovery where both mentor and mentee grow. It builds community, creating a support system that fuels artistic exploration and longevity. Through these relationships, artists push each other to be better, to take risks, and to remain true to their creative instincts. This exchange strengthens not only individuals but also the artistic landscape, ensuring creativity continues to



**Hilary Honadel, Whose Gaze II: Mother and Child, Lithograph, 2025**

thrive. I've seen firsthand how mentorship positively influences an entire group of artists and the community that gravitates toward them."

*Connections: Teacher & Student* not only highlights the vital connections between educators and artists but also celebrates the collective impact mentorship has on the broader creative landscape. It is through these connections that art thrives, creating a community where creativity evolves and flourishes.

The Livingston Center for Art and Culture invites everyone to join in celebrating its 25th Anniversary and experience the lasting influence of mentorship on the arts.

For more information, please visit [LivingstonCenter.org](http://LivingstonCenter.org) or contact Hilary Honadel at [hilary@livingstoncenter.org](mailto:hilary@livingstoncenter.org).



**Kynnedi Ladenburg (daughter of Hilary Honadel), Illusions of Self, Lithograph, 2025**

## Upcoming SHIELDS VALLEY EVENTS

**April 2nd:** Live Fit & Strong Fitness Challenge Boot Camp at Wilsall School Gym at 6 pm.

**Shields Valley Mobile Pantry -** Second Friday of every month in Wilsall from 10:45 until 11:45 am located at the Senior Center and in Clyde Park from 12:30 to 1:15 pm

at the City Hall. For more information and to join the program, visit <https://livingstoncfc.org> or call 406-222-5335.

If anyone has any upcoming events please send email to [shieldsvalleynews@gmail.com](mailto:shieldsvalleynews@gmail.com)

If anyone has any news, events, etc. please let me know at [Shieldsvalleynews@gmail.com](mailto:Shieldsvalleynews@gmail.com)

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# April Vegan Potluck on April 13th

by Jill-Ann Ouellette

I personally love a potluck! We've all been to potluck dinners, whether it's the office holiday, a birthday, or a baby shower. One time, I went to a cousin's wedding that was a potluck. I thought, what a bad idea for the guests to get dressed up for a wedding and then juggle a crockpot to share. Well, it turns out—it was the best food I ever had at a wedding. Everyone brought their signature dish—everything on the table was a 10 out of 10.

Let's look a little closer at the concept and word itself, dating back to the 16th century playwright, Thomas Nashe, who coined the phrase. The custom originated when an uninvited houseguest arrived close to when a meal was just served. Nashe would instruct the kitchen staff to draw whatever they could to present as a meal (often coming from a *pot*). One never new exactly what would be served (hence the term *luck*). There you have it... potluck.

Potlucks are a great way to host a large gathering without breaking the bank on food. The options for what

you can contribute to a potluck are endless—from soups and salads to casseroles and cakes. And they're social. Potlucks can build deep, lasting connections. When you're able to linger over a meal, you can share more deeply with friends. Cooking for people also invites a deeper social connection.

Did you know that we have a vegan-based, community here in Livingston? Well, we do, and they have a monthly potluck, too! Join them at the Park County Senior Center, 206 S. Main St., on the second Sunday of every month for a delicious vegan smorgasbord of flavors and cuisines.



Please bring a dish that is free from meat, eggs, dairy, honey, or gelatin. You can whip up a vegan version of your favorite recipe. Or you can simply bring a beverage, a bag of chips with salsa, some fresh fruit, pickles or olives, or a green salad. Dairy-free ice cream and desserts are always a treat. Sharing delicious tastes with fun people, who care about their health, the planet, and our animals, creates a good time for all.

Do you have friends or family that you want to see more often? Invite them to meet you at the potluck. Are you visiting from out of town? Great! Tourists and guests are always welcome at this monthly event. The gathering is usually attended by several dozen people. Plates, cups, utensils, and napkins are provided. People are asked to display a list of the ingredients for their dish.

The upcoming April Vegan Potluck will be on Sunday, April 13th, starting at 4:30 pm. The event is hosted by Carolyn Goodell, owner of the Sweet Caroline's Soft Serve food truck (SweetCarolineSoftServe.com), whose entire menu of baked goods and soft-serve ice cream is crafted from plant-based, high-quality ingredients. See you at the potluck! Plan to enjoy a scrumptious meal and spend extra time visiting with your neighbors.

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**Recipe by  
Carla Williams**

## RECIPE CORNER

### Roasted Brussels Sprouts with Walnuts & Cranberries

There's something magical about the deep, caramelized edges of roasted Brussels sprouts, balanced perfectly with the crunchy, nutty walnuts and the sweet pop of cranberries. This dish brings warmth to any table, reminding you of cozy autumn nights spent with loved ones. A touch of maple syrup and Dijon mustard elevates it to something truly unforgettable. Serve it as a side for your next dinner or enjoy it as a snack—either way, you'll be wowed!

**Ingredients**

- 1 (12 oz) package raw Brussels sprouts, halved
- 2 tablespoons olive oil
- Pinch of salt and pepper
- A handful of walnuts
- A handful of dried cranberries
- 1 teaspoon Dijon mustard
- 2 tablespoons maple syrup
- Extra olive oil, salt, and pepper

Optional: Red pepper flakes

**Instructions**

1. Preheat the oven to 425°F (220°C).
2. Arrange the Brussels sprouts cut-side down on a baking sheet. Drizzle with olive oil and sprinkle with salt and pepper.
3. Roast the Brussels sprouts for 15-20 minutes, or until the cut sides


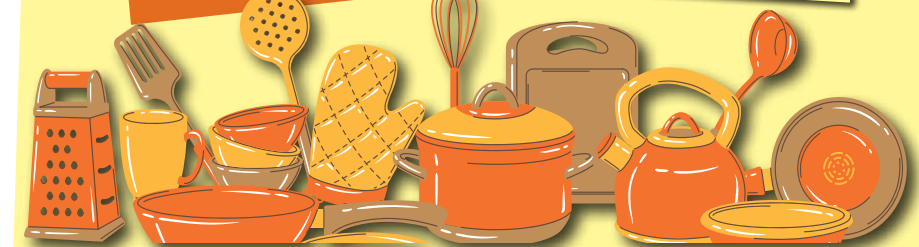


Photo Credit: recipeland.com

are deeply browned and some leaves are crispy.

4. Add the walnuts, Dijon mustard, and maple syrup to the Brussels sprouts. Toss gently to coat.
5. Return the sheet to the oven for another 5-10 minutes to toast the walnuts.
6. Once out of the oven, toss in the dried cranberries.
7. Season to taste with extra salt, pepper, and optional red pepper flakes. Serve immediately and enjoy!

**Chef's Tip:**  
To save time, prep the Brussels sprouts the night before. Simply halve them and store them in the fridge until you're ready to roast them. This step helps speed up the cooking process on busy nights!



# —Food Addiction?

by Nurse Jill

"I'm trying to quit." This is an oft uttered comment when bad health habits come up in conversation. Whether it is cutting back or stopping all together it is not usually admitting that a certain indulgence is bad that is hard—it's the quitting that is hard. The recent lawsuit filed against mega food corporations alleges that the recipes they use for popular consumables makes quitting all the more difficult. Is this true? What does that mean for our diets? Are the grocery shelf offerings going to change as a result of ingredient criticism?

It is true that certain ingredients can be extremely addictive. In fact, the presumption that sugar is addictive has been the hypothesis behind many studies trying to determine health risks of eating sugar. These studies have shown a change in neural pathways and dopamine levels suggesting that sugar is indeed addictive at some level. But it is not just the ingredients that are addictive: the convenience, the caloric density, and familiarity cravings are all at play, too.

It is important to recognize that you cannot just quit a bad habit you must replace a bad habit with a new, hopefully good, habit. Just quitting isn't an option. To successfully quit you must start a habit that specifically replaces or acts in contradiction to the old habit. So instead of focusing your efforts on quitting, focus your efforts on starting instead.

Some argue that the biggest reason we get addicted to ultra-processed food

is the convenience. It is so easy to get accustomed to just picking up something easy and filling at the store or the nearest fast-food restaurant to feed yourself and your family. The habit of thinking ahead and planning is dropped because the local eateries do such a good job of preparing meal options. And they are so delicious! But with each convenient meal picked up at the last minute the amount of ultra-processed foods we end up consuming increases sharply. The more you consume it, the more you rely on it. It's a health defeating cycle.

To quit picking up something easy you must start by planning. What drudgery! But the effort of knowing what meals will be eaten during the week gives you a step ahead. When you prepare and think ahead about meals to prepare for the week the fallback option can disappear as you already have the beginnings of grub at home. Thawing meat, cutting up veggies, even just writing down what will be for dinner is a step away from fast fixes and toward healthier eating. The more you process foods at home (cut, combine, and cook) the less you consume food processed by outside sources. At-home processing stays away from the harmful ultra-processing done by manufacturers.

An aspect of ultra-processed foods that can continually trick you into eating more and more of them is the caloric density. When you eat calorically dense foods your stomach doesn't feel the stretch of a full meal so even though you consumed sufficient calories your body may still crave more. You intended to eat less but in the end you eat more

and those foods are convenient so it is easy to do so.

To decrease the amount of calories eaten start increasing the number of whole food servings you have in a day. Typically speaking, if you try to eat the same nutrition and calories offered in a ultra-processed meal versus a meal made of whole foods or minimally processed foods you would eat 2-3 times more volume of whole foods than the alternative calorically-dense processed foods. Obviously the larger volume gives you that full feeling longer. Eating minimally processed foods can be a great way to eat more with less calories as well as a fantastic way to bolster your health with natural vitamins, minerals, and other essential nutrients.

Another big culprit in the addictiveness of ultra-processed foods is the familiarity. We get specific cravings for specific foods—even to the point of wanting it from a certain brand or restaurant. Those cravings are hard to beat down. The familiarity of these foods can haunt us for years and dictate our nutrition choices.

The only true way to quit giving into these familiar cravings is to start craving new foods. This requires abstaining from those foods and eating something different instead. This will begin to change how we taste food. There are so many personal testimonials from folks who have quit certain foods and their taste buds



changed. Same is true of many who go to other countries for a period of time. The United States is globally known for having different tasting food because much of it is sweetened and processed. Once people experience other countries' food it changes how they taste the normal American diet.

When lawsuits were filed against certain food chains years ago the judge dismissed the cases ultimately passing the responsibility to the consumer. The judge stated that the consumer had a choice to eat or not to eat. While it is a hard pill to swallow, it is true, the consumer has responsibility. There may indeed be some malicious intent in big food companies' recipes and marketing, that's for the courts to decide, but regardless, some responsibility still falls to the consumer. It won't be easy, refraining from what is convenient, familiar, and satisfying. It will take discipline. It will take starting new habits. But I promise you, you will feel better, have more energy, and evade a myriad of health issues.

Today is the day—not to quit but to start.

## Consider a Sponsorship of the Community Journal

The *Park County Community Journal* is seeking help from our followers to continue its mission: promoting positivity in the local community. We do this by publishing stories about the people, organizations, businesses, and events that represent Park County, often times at request, and most importantly, to shine light on what makes this community special.

We promote local businesses and encourage their support; honor non-profit organizations dedicated to philanthropy; celebrate our vibrant arts community by showcasing its contributors and their work; praise the achievements of students and children in sports and education; recognize major developments in municipal and county government; and cover local events to spur participation and advance the concept of community.

Knowledge as power, though a cliché, is undeniably true, and our intention is to inform readers about the community so as to inspire positive change through mutual support and understanding.

The *Journal* currently publishes 2,000 copies weekly for distribution throughout Park County. In response to incoming tourists, this number will rise in the early spring to 2,500 and to 3,000 by summer 2025. Park County depends on tourism to thrive, and the newspaper has a role in sharing information with visitors about what our community has to offer through advertising and editorials

on businesses and events. In addition to compensating staff, this increase in printing is expensive (\$0.45 per copy; total annual printing expenses amounting to roughly \$50,000 contingent upon need), but our goal is to help the community flourish without placing a burden on our readers.

Up until now, the newspaper has been free of charge—a service provided to the community not intended to generate income through our consumers, much like a non-profit organization. Our desire is to continue this tradition via advertising fees, the *Journal's* current business model, and by exploring new avenues for raising money to fund operating expenses without shifting costs to readers. For example, we are currently working alongside non-profit organizations like Prospera and Park Local to consider and develop new strategies for increasing revenue, such as adjusting advertising rates for local businesses through the cool season. However, as we are not technically a non-profit organization, our options are somewhat limited.

We are therefore asking you to please consider the value of our newspaper to this community and to support our cause by making a donation that will be used to extend our outreach and impact to locals and visitors alike. Donations may be made once or on a recurring basis, if possible.

Because we are not a charity organization, your gifts are not tax-deductible. However, any donation, small or large, helps us in our effort to shape this community for the better. Even just two dollars each from a few thousand individuals would be extremely helpful in keeping this newspaper free as we continuously strive to benefit the community.

Thank you for considering a donation to our newspaper. If a gift falls within one of the following sponsorship levels:

**Bronze: \$250 • Silver: \$500  
Gold: \$1000**

Donors will be recognized monthly in the newspaper. Qualifying business donors will be awarded discounted advertising rates during the warm season (June – September.)



Donations can be made using the QR code or mailed to PCCJ, PO Box 1851, Livingston, MT 59047. Thank you for your consideration in helping us to continue our mission!



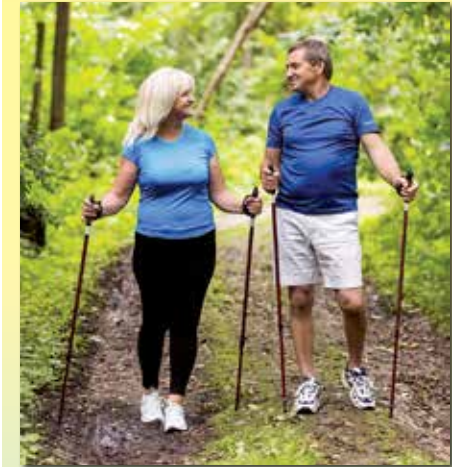
# Your Ageless Wellness Column

Garrick Fulmer-Faust, Executive Director, Park County Senior Center

## What It Means to Be a Senior-Part 2 of 2

### More Than Just Age—It's a Mindset

This is a big one. We've all seen people who seem "old" in their 50s, while others seem vibrant in their 80s. What's the difference? Often, it's a mindset. Those who embrace aging, as a phase filled with possibility tend to live more active, engaged lives. They focus on what they *can* do, rather than what they *can't*.



Being social and staying fit is a goal that can be reached.

A positive mindset can shape how seniors handle life's transitions, whether it's downsizing, health changes, or even dealing with loss. There's also growing research showing that people with an optimistic outlook on aging live longer and healthier lives. How we think about aging impacts how we *experience* it. So,

instead of seeing the senior years as "slowing down," think of them as a time to reinvent, rediscover, and renew your purpose.

### Technology and Today's Seniors

Technology is no longer the sole domain of younger generations. Seniors today are navigating smartphones, tablets, and social media like pros. The rise of telemedicine has made it easier to manage health care from home, while wearable fitness trackers help them stay on top of daily movement goals.

Let's not forget the social aspect. With a swipe or a tap, seniors can stay connected with friends and family all



Couple watching a podcast on a tablet.

over the world, breaking the isolation that sometimes comes with aging. Whether it's learning new skills online, reading the latest news, or just video chatting with grandkids, technology has opened new doors. It's proof that

seniors are more adaptable than ever and can learn the skill for thriving in the modern world.



Seniors have the hang of video chatting with family and friends.

### Challenges Still Exist, But So Do Solutions

Of course, being a senior isn't all smooth sailing. Health concerns may pop up—heart disease, arthritis, diabetes, or cognitive decline. Financial stress, especially for those on a fixed income, can also be a concern. And let's not ignore loneliness. Many seniors deal with isolation as their social circles shrink, either due to retirement or losing loved ones.

But the silver lining is that we're living in a time where solutions are more accessible than ever. Communities, programs, and initiatives focused on senior wellness are growing. Every-

thing from accessible fitness classes to mental health resources is at their fingertips. Seniors are learning that aging doesn't mean settling for decline. Instead, they're empowered to advocate for themselves, stay active, and seek out resources to maintain their quality of life.

### Speaking of Solutions...

The *Park County Senior Center* believes in taking action. That's why we built *The Hub*—a brand-new fitness and wellness facility designed specifically for seniors and mobility-challenged individuals opening soon!

At *The Hub*, you'll find:

- Senior-friendly fitness equipment
- Strength, balance, and mobility classes
- Educational workshops on nutrition and wellness
- Social spaces to connect with others
- A welcoming, supportive community

*The Hub* is not just about exercise, it's about *you!* Whether you're looking to stay strong, make new friends, or learn something new, *The Hub* is here for you.

Come see what we're all about! Stop by 206 S. Main St., Livingston to get engaged with the community and for a tour of the facility. For more information, contact Garrick at 406-333-2276, email [garrick@parkcountyseniorcenter.org](mailto:garrick@parkcountyseniorcenter.org).

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April 18 <sup>th</sup> - 19 <sup>th</sup> (Fri-Sat)	<b>TSUNAMI FUNK F&amp;B</b> Funk, Rock, Jazz
April 25 <sup>th</sup> - 26 <sup>th</sup> (Fri-Sat)	<b>SMOKE</b>
May 2 <sup>nd</sup> - 3 <sup>rd</sup> (Fri-Sat)	<b>EL WENCHO</b> Red Dirt Rock, Blues, Country, Americana
May 9 <sup>th</sup> - 10 <sup>th</sup> (Fri-Sat)	<b>THE DIRTY SHAME</b> Outlaw Country
May 16 <sup>th</sup> - 17 <sup>th</sup> (Fri-Sat)	<b>BLACKWATER</b> Good Ole Rock and Roll
May 23 <sup>rd</sup> - 24 <sup>th</sup> (Fri-Sat)	<b>ASHBURY</b> Grateful Dead Tribute Band
May 30 <sup>th</sup> - 31 <sup>st</sup> (Fri-Sat)	<b>BRICKHOUSE BAND</b> DANCE CLASSICS, MODERN HITS & FUNKY TUNES
April 6 <sup>th</sup> - 7 <sup>th</sup> (Fri-Sat)	<b>JUSTIN CASE BAND</b> Rock Cover Band

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Our services are designed to bring local community members and neighbors closer to one another with engaging, humorous, inspiring and heartwarming daily local stories.

Published & Created by former Enterprise Sports Editor,

**Jeff Schlapp**

312-506-7261  
[jeffschlapp@parkcountydugout.com](mailto:jeffschlapp@parkcountydugout.com)

# "Enjoying the Journey"

## About Pliers and Prayers

by Lois Olmstead



We are writing about yelling "Help!" Or in other words, studying about prayer, talking with God.

The Bible says, "And in the same way, by our faith, the Holy Spirit helps us with our problems and in our praying. For we don't even know what we should pray for." (Romans 8.26) Isn't that comforting? And the truth? Sometimes we do not know what or how to pray.

In this space we are sharing about long-term prayers. My goal has been to tell you what God has taught me. So let's get right to the issue. I have some 'I knows' that have helped me. I call them tools. He-who gave me my own toolbox. I love it. And I love my 'spiritual tools' as well.

Two weeks ago I wrote about my screwdriver. You know you use it to turn things. Spiritually when praying, I have learned I must turn from the world's way of thinking to God's way of thinking. The world thinks the first thing to do with trouble is get out of it. Instant everything. God says, "consider it pure joy, trouble teaches perseverance and maturity." (James 1.2-3)

Previously we talked about a hammer, a powerful tool, we need Faith. My acrostic is "Forsaking All I Trust Him."

There is one more tool that no toolbox should be without. It is the worker bee of the tools, my pliers. Spiritually, this tool may give us the most relief from worry and concern over any long term trial. Because it is absolutely necessary for our faith walk to know that God's

timing is different from our timing. For most of us, waiting is not easy. Sometimes He answers our "Help!" prayers quickly. Sometimes not. Peter says, "Do not forget this one thing, dear friends: With the Lord a day is like a thousand years and a thousand years are like one day." (2 Peter 3.8)

We think everyone has the same amount of time; 60 seconds in a minute, 60 minutes in an hour, and 24 hours in a day. If that's true why do clocks move so slowly when you are awake at night? Or waiting for a doctor's report, or to hear about a bank loan or a pregnancy test? Someone said how long a minute is depends on which side of the bathroom door you are on.

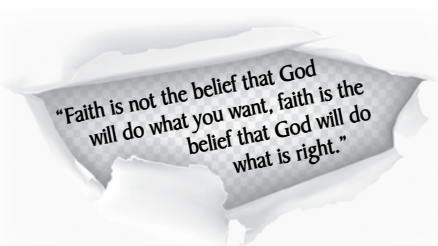
However, I can tell you in my life, I have seen God be the author of perfect timing. Do we go through life with trouble? Yes. Does God say "No" or "Wait." Yes. God sees ahead. I wrote in my journal (and it helps me so much!) God knew when the brothers threw Joseph in the

pit, there was more to the story ahead. He knew when tiny baby Moses floated in the bullrushes in a basket, there was more ahead. God knew when Daniel was tossed in the lion's den there was more ahead and he knew when an angel told a young virgin she would have a baby, there was more ahead.

And most importantly of all, when that procession in Jerusalem ended at the cross, God knew it was not the end but just the beginning of the rest of our lives—his plan! Praise God! Hallelujah!

He has the rest of lives in His hands as well. Max Lucado said, "Faith is not the belief that God will do what you want, faith is the belief that God will do what is right." Makes me think back to our little boys, when we'd say, "Not right now."

Isaiah wrote, "But they that wait upon the Lord shall renew their strength. They shall mount up with wings as eagles. They shall run and not grow weary. They shall walk and not faint." (Isaiah 40.31) That is our Bible verse for this week along with Proverbs 30.6, "Every word of God is pure; He is a shield unto them that put their trust in Him." I believe it. God Bless You All.



# Local Church Services

**American Lutheran Church**  
129 South F Street, Livingston  
Pastor Melissa Johansen  
Sunday worship 9 am, elevator avail.  
406-222-0512 • alclivingston.org

**Church of Christ**  
919 W Park St, Livingston  
Sunday worship 10:30 am  
406-222-2017 • church-of-christ.org

**Church of Jesus Christ of Latter-Day Saints**  
12 White Lane, Gardiner  
David Gilbert branch President  
Sunday worship 10:00 am  
406-848-7509 • lds.org

**Church of Jesus Christ of Latter-Day Saints**  
110 West Summit St., Livingston  
Bishop Trevor Strupp  
Sunday worship 10:00 am  
406-222-3570 • lds.org

**Emmaus Lutheran Church**  
801 East Park Street, Livingston  
Reverend Daniel Merz  
emmauslutheranmt@gmail.com  
emmauslutheranmt.org

**Expedition Church**  
27 Merrill Lane, Livingston  
Pastor Darryl Brunson  
Sunday worship 10:00 am  
406-224-1774 • expeditionmt.org

**First Baptist Church**  
Crossing Community Church  
202 East Lewis St., Livingston  
Pastor Bryce Maurer  
Sunday worship 10:45 am  
406-222-1603 • fbclivingston.org

**Gardiner Community Church**  
318 Main Street, Gardiner  
Reverend Jeff Ballard  
Sunday worship 10:15 am  
406-848-4060

**Gardiner Baptist Fellowship**  
802 Scott Street, Gardiner  
Pastor Britton Gray  
Sunday worship 11:00 am  
406-223-4478

**Grace Methodist Church**  
302 South 9th St., Livingston  
Pastor Mari-Emilie Anderson  
Call/visit website for worship times  
406-222-1041  
www.methodistsontheyellowstone.org

**Holbrook United Methodist Church**  
424 Lewis Street, Livingston  
Call/visit website for worship times  
406-222-1041  
www.methodistsontheyellowstone.org

**Kingdom Hall of Jehovah's Witnesses**  
1505 E Gallatin St., Livingston  
Sunday Public talk and Watchtower 10:00 am  
406-222-2012 • jw.org

**Livingston Hope Church**  
226 South 3rd St., Livingston  
Senior Pastor Shad Durgan  
Sunday worship 8, 9:30 and 11 am  
406-222-1577 • livinghope.church

**Livingston Bible Church**  
329 North 5th St., Livingston  
Pastor Monte Casebolt  
Sunday worship 10:30 am  
406-222-2714 • livingstonbible.org

**Livingston Christian Center (Assemblies of God)**  
1400 Mount Baldy Dr., Livingston  
Pastor Dave Brakke  
Sunday worship 10:00 am  
406-222-3144  
livingstonchristiancenter.com

**Livingston Church Of God**  
101 South O Street, Livingston  
Pastor Ed Parrent  
Sunday worship 10:30 am  
406-220-0620

**Mountain Bible Church**  
18 Pine Meadow Rd., Livingston  
(off Pine Creek Rd and Hwy 89)  
Pastor Brandon Reagor  
Sunday Worship 10:00 am  
406-219-7628 • mtbible.org

**Mount Republic Chapel**  
240 US Hwy 212, Cooke City/Silver Gate  
Reverend Don Taylor  
Sunday worship 9:30 am  
Check the website for seasonal worship times  
406-838-2397  
mtrepublicchapel.org

**Mountain Springs Baptist Church**  
626 North 13th St., Livingston  
Pastor Justin Sutherland  
Sunday worship 11:00 am  
406-222-1240  
mountainspringsbaptist.com

**Paradise Valley Community Church**  
1772 East River Rd., Livingston  
Pastor Andrew Alberda  
Sunday worship 10:30 am  
406-333-4905  
paradisevalleychurch.org

**Pine Creek United Methodist Church**  
2470 East River Rd., Livingston  
Pastor Mari-Emilie Anderson  
Call/visit website for worship times  
406-222-1041  
methodistsontheyellowstone.org

**Redeemer Lutheran Church**  
425 West Lewis St., Livingston  
Sunday worship 11:00 am  
406-222-1175  
www.rclclivingston.wordpress.com

**The Summit Lighthouse**  
Contact us for worship service and conference times  
63 Summit Way, Gardiner  
406-848-9200  
SummitLighthouse.org

**Seventh-Day Adventist Church**  
1 Guthrie Lane, Livingston  
Pastor Rene Marquez  
406-222-7598  
livingstonmt.adventistchurch.org

**Shields River Lutheran Church**  
105 Ordway St. South, Wilsall  
Sunday worship 9:00 am  
406-578-2212  
srclwilsall.wordpress.com

**Shields Valley Bible Church**  
405 Fifth St. West • Clyde Park  
Pastor Glen Helig  
Sunday worship 11:00 am  
406-686-4708

**St. Andrew's Episcopal Church**  
310 West Lewis St., Livingston  
Reverend Kristin Orr  
Sunday worship 10:30 am  
406-222-0222  
saintandrewsepiscopalchurch.org

**St. John's Episcopal Church**  
8 Story Road, Emigrant  
Reverend Kristin Orr  
Sunday worship 8:00 am  
stjohnspv.org

**St. Joseph's Catholic Church**  
910 McLeod St., Big Timber  
Father Garrett Nelson  
Sunday worship 2:00 pm  
406-932-4728

**St. Margaret's Catholic Church**  
206 1st Avenue North, Clyde Park  
Father Garrett Nelson  
Service Saturdays 4:00pm  
406-222-1393  
stmaryscommunity.org

**St Mark's Church Universal And Triumphant**  
130 South D St., Livingston  
Sunday worship 10:15 am  
406-222-2675

**St. Mary's Catholic Church**  
511 South F St., Livingston  
Father Garrett Nelson, Pastor  
Saturday 6:00 pm year-round  
Holding Services since 1891.  
Sunday at 10:30 am April thru Sept.  
Sunday 8:00 am October to March  
406-222-1393 • stmaryscommunity.org

**St Paul's Evangelical Lutheran Church**  
1116 W Geyser St., Livingston  
Pastor Paul Stern  
Sunday worship 10:15 am  
406-222-3372 • stpaulslivingston.org

**St. William's Catholic Church**  
705 West Scott St., Gardiner  
Father Garrett Nelson  
Sunday worship 8:00 am April-Sept  
Sunday 11:00am October to March  
406-222-1393 • stmaryscommunity.org

**Valley Shepard Church of the Nazarene**  
Services are presently online. Please call for instructions to view a service.  
Reverend Christie American Horse  
Livingston • 406-223-1072

**Wilsall Community Church**  
112 Liquin Hill Rd., Wilsall  
(west of Hwy 89 North; take Clark St to Liquin)  
Pastor Stephen Fanning  
Sunday worship 10:45 am  
406-578-2004 • wilsallcchurch.com


**United Methodist Grace Church**  
302 South 9th St., Livingston  
Pastor Mari-Emilie Anderson  
Sunday worship 5:00 pm  
406-222-1041  
www.methodistsontheyellowstone.org

**Matthew 6:33 - But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.**

*Park County*  
**Community Journal**

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PCC Journal  
delivered to your door!

\$8/month (Delivered) or \$10/month (Mailed)



NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE: \_\_\_\_\_

INSTRUCTIONS: \_\_\_\_\_

Fill out this form and mail to:  
**PO BOX 1851 • LIVINGSTON, MT 59047 • 406-613-9615**

# Bozeman Symphony Storytime Shines a Spotlight on the Trumpet

The Bozeman Symphony invites children and families to an engaging Symphony Storytime featuring the trumpet on Wednesday, April 23, at 10:15 am. Held in partnership with the Bozeman Public Library's Toddler and Preschool Storytime, this interactive program blends captivating storytelling with live music, creating a delightful experience for children ages 3 to 5.

This free program will feature Sarah Stoneback, principal trumpet of the Bozeman Symphony,

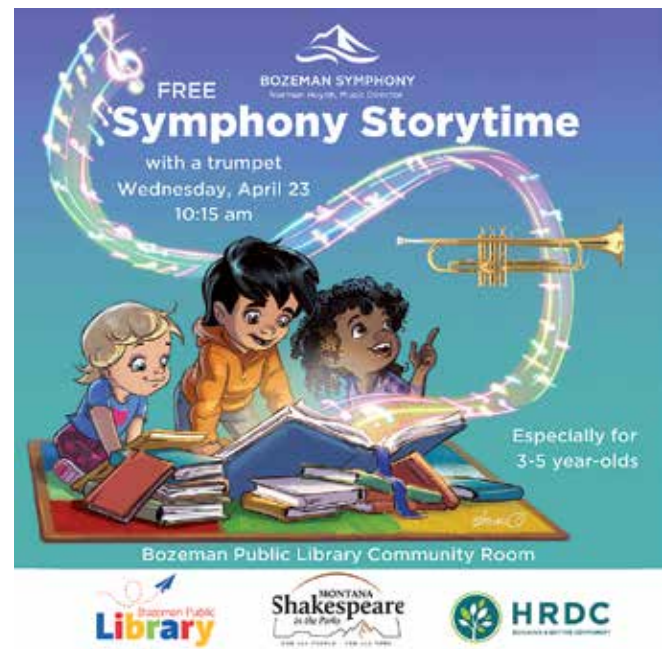
alongside Carrie Wintersteen, Managing Director of Montana Shakespeare in the Parks, as the guest reader. Together, they will bring a story to life through the magic of words and music. After the reading, Stoneback will introduce children to the bold and brilliant sounds and character of the trumpet with a short, interactive performance.

As part of the Symphony's ongoing commitment to arts education, the program will also be presented later that day to

students at Bozeman HRDC Head Start, ensuring even more young learners have access to live music experiences.

Families can look forward to additional Symphony Storytime sessions at the Bozeman Public Library at 10:15 am on Wednesdays, May 14th, and June 4th.

For more information about Symphony Storytime and the Bozeman Symphony's education and outreach programs, visit [www.bozemannsymphony.org](http://www.bozemannsymphony.org) or call 406-585-9774.



**We are seeking an Assistant Manager and an Event Coordinator. We are willing to provide training for the position. Required skills include a strong work ethic, the ability to work some weekends and late nights, basic computer skills, and effective communication abilities.**

- **Tasks for the Assistant Manager may include placing orders for food, beer, wine, and liquor with vendors, receiving orders and sending invoices to the bookkeeper, overseeing daily operations, brainstorming innovative ideas to discuss with the management team to keep the business fresh and fun, supervising employees and assisting with fill-ins, and ensuring the overall health of the building and the business is top-notch.**
- **Tasks for the Event Coordinator may include scheduling events, menu planning with customers to meet their needs, collaborating with the manager to ensure all materials are ordered for events, and hosting events.**

**The right candidate could excel in both roles!**

**Wages are competitive and will depend on performance/ task load!**

**Call Jenny 406-581-6260**

**CASINO~LIQUOR STORE~ LOUNGE**

**UNWINE@D  
BAR & CASINO**



**218 SOUTH MAIN STREET LIVINGSTON MT**

UPCOMING

# Mark Your Calendars EVENTS



Calendar of Events runs every week. To place your event on the calendar please email the information to [community@pccjournal.com](mailto:community@pccjournal.com) or drop off your information at the PCCJ office at 108 N. Main Street.

Cost is \$8/week for up to 50 words, 51-100 words is \$10/week, maximum word count is 100 words please. Deadline is Monday's at 5:30 pm for the following issue that will hit the streets on the following Friday.

**Mondays**  
**WEEKLY GAME OF UNO** at the Park County Senior Center, 206 S. Main St., Livingston on Mondays at 1 pm. Free for members, \$5 per game non-members.

**WEEKLY PINOCHLE** at the Park County Senior Center, 206 S. Main St., Livingston. On Monday and Wednesday evenings at 6:30 and Tuesdays at 1 pm. Free for members, \$2 per afternoon game for non-members.

**Tuesdays**  
**WEEKLY PINOCHLE** at the Park County Senior Center, 206 S. Main St., Livingston. On Monday and Wednesday evenings at 6:30 and Tuesdays at 1 pm. Free for members, \$2 per afternoon game for non-members.

**CAREER ASSISTANCE** - Livingston Chamber of Commerce and Job Services of Bozeman are collaborating to provide on-site career and employment services once a week in Livingston, MT at the Chamber. Workforce consultants will be available Tuesdays from 9 am to 3 pm in the Chamber's Conference Room at 303 East Park Street. Contact Leslie at the Livingston Chamber of Commerce (406) 222-0850 or Ellen at Job Service Bozeman (406) 582-9237 for more information.

**Wednesdays**  
**BINGO NIGHT AT THE OFFICE** - The Office Lounge at 128 S. Main Street is hosting Bingo, 6:30-9:30 pm.

**FAMILY KARAOKE NIGHT** - 49er Diner at 404 E. Park Street is hosting Family Karaoke night from 6-8 pm. For more information call 406-222-8204.

**WEEKLY PINOCHLE** at the Park County Senior Center, 206 S. Main St., Livingston at 6:30 pm. Free for members, \$2 per afternoon game for non-members.

**Sundays**  
**CARS & COFFEE** with the Livingston Wheels Motoring Club from 9 - 11 am at TJ's Convenience 204 E. Park St. Livingston.

**Mondays-Fridays**  
**DAILY COFFEE WITH FRIENDS!** Open to all ages 9:15 am to 12:15 pm. Free. Park County Senior Center, 206 S. Main St., Livingston. [ParkCountySeniorCenter.org](http://ParkCountySeniorCenter.org)

**March 30 - BINGO** - Grace United Methodist Church will host a BINGO night, from 2 to 4 pm at the church Fellowship Hall, 302 South 9th Street. Prizes galore, donations to Livingston Drop-In Center and don't forget to bring a friend. For more information call 406-222-1041.

**March 30 - FAIRY TEA FOR THE ARTS** - Join a magical afternoon of ballet, live music—featuring a harpist and violinist, a miniature horse, tea & treats! Starring Ballerina Riley Ann Rogers – Soloist, Ballet West. Presented by Youth Arts in Action for the Yellowstone International Arts Festival. Event takes place at Sage Lodge, 55 Sage Lodge, Pray, from 2 - 4 pm. More info and tickets available at <https://www.yellowstoneinternationalartsfestival.org/>.

**April 1 - NIGHT AT THE MUSEUMS** - The Livingston Depot and the Yellowstone Gateway Museum are teaming up for a lively night of Park County trivia and filled with prizes, raffles, local food and drink vendors, and more! Doors will open at 5:30 pm at the Livingston Depot Center, 200 W. Park Street, and the games start at 6:30 pm. Tickets can be purchased at [LivingstonDepot.org](http://LivingstonDepot.org) and proceeds benefit both museums. How much do you know about Park County?

**April 4 - ASPEN ANNUAL COMMUNITY EVENT** - ASPEN hosts its Annual Community Event with dinner by The 1900, a silent auction, a raffle and music by Dave Eaton, starting at 5:30 pm at the Livingston Depot Center, 200 W. Park Street. This year marks ASPEN's 25th year, and the organization wants to thank the community for their involvement and support over all of those years. Tickets are \$25 and are available by visiting <https://www.aspenmt.org/end-the-silence>.

**April 5 - SPRING FLING CRAFT SHOW** - Browse and meander the booths of locally made artisan and craft creations

at the Park County Fairgrounds 46 View Vista Dr. in Livingston from 9 am to 3 pm. Park County Rural Fire District 1 will be hosting a fundraising raffle during the show. Food trucks on-site and coffee trailer inside. Admission is \$1 and kids under 12 are free!

**April 8 - WHO DOES WHAT DOWNTOWN** - Everyone is invited to an informative panel discussion on, "Who Does What Downtown," at Wheatgrass Books. Social time begins at 5:30 pm, followed by brief presentations at 6 pm and a Q&A session. For more information, please contact [info@downtownlivingston.org](mailto:info@downtownlivingston.org) or [ura@livingstonmontana.org](mailto:ura@livingstonmontana.org).

**April 10 - OUT WITH THE TURF** in with the Bloom, Abiya Saeed 5:30 pm - 7 pm at the MSU Extension Office, 119 S. 3rd St, Livingston. Meadowscaaping, xeriscaping, pollinator habitat - Abi will guide you through methods of turf removal, plant selection, and care when creating your (and a pollinator's!) dream landscape. Please RSVP to 406-222-4156 or [park@montana.edu](mailto:park@montana.edu).

**April 13 - VEGAN POTLUCK** - Join them at the Park County Senior Center at 206 S. Main St. at 4:30 pm. You don't have to be vegan, but the food does. Please bring a dish to share that is free from meat, eggs, dairy, honey, and gelatin. You can keep it simple by bringing chips & salsa, fresh fruit, pickles or olives, or a green salad. Sharing delicious food and recipes with fun people who care about their health, the planet and most of all—the animals!

**April 20 - ANNUAL EASTER EGG HUNT** sponsored by Livingston Fire & Rescue and the Livingston Recreation Department. You are invited to Sacajawea Park, starting time of 1 pm sharp, for the egg hunt! Children ages 0 to 12 welcome. Over 5,000 eggs and many prizes to be found.



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CASINO

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 8<sup>AM</sup> - 12<sup>AM</sup>

# BREAK *time*

# CROSSWORD

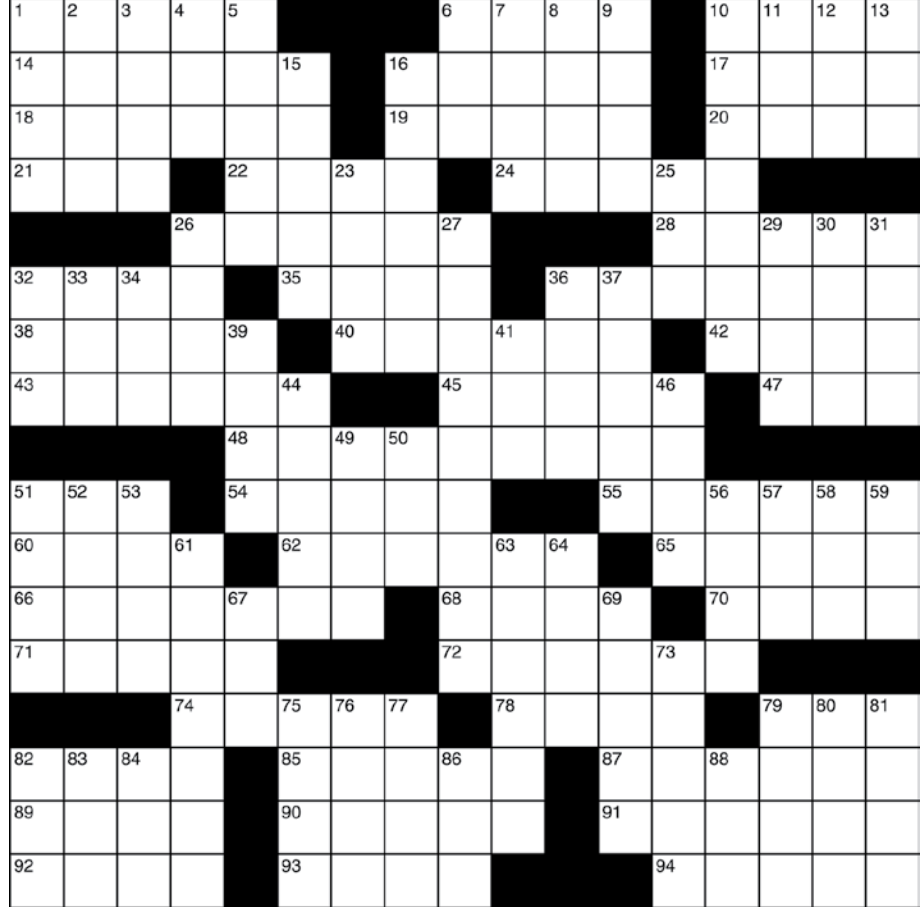
Puzzle #391

## Montana Fun Facts!

The motto of Montana is "oro y plata" and this means "gold and silver" in Spanish. This motto is taken from the gold and silver deposits in the state. Gold was first discovered in Montana in 1852.

The Alder Gulch, also known as the Alder Creek in the Ruby River Valley, Montana, is one of the richest placer gold sites. It is also the place where the majority of the Montana population lives.

Montana has a very low population density. Of the state's 56 counties, 46 counties have average populations of just 6 people or less per square mile. This is why these counties are considered "frontier counties".



- ACROSS**
- List of candidates
  - Mast support
  - Patton's branch
  - Facing
  - Net fabric
  - Routine
  - African river
  - Corpulent
  - Glance at
  - "Little \_\_\_\_ Blue ..."
  - Done
  - Be evasive
  - Vast plain
  - Close by
  - Write with a keyboard
  - Harness piece
  - Love affair
  - Accumulate a great amount
  - "People" person
  - Forsaken
  - Military unit
  - Crystal-lined rock
  - Take to the altar
- DOWN**
- Ticket receipt
  - Timber wolf
  - Not present
  - Sunbather's goal
  - Rye fungus
  - Poorboy
  - Appealed
  - Likewise
  - Clarinet need
  - Munitions depot
  - Fabled bird
  - Subway org.
  - Japanese money
  - Scuba \_\_\_\_
  - Lethargic
  - Dueling device
  - Group of whales
  - Peasant
  - Puzzling
  - Adequate, to a bard
  - Estate measure

- Shred
- Yet, briefly
- "I Got \_\_\_\_ Babe"
- Bit of butter
- Chess castle
- Court shout
- Phonograph record
- Boston \_\_\_\_
- Party
- The things there
- Of a time
- Before
- Personality
- Stride
- Prayer ending
- Legend
- Cohort
- Ralph, to Norton
- Tee preceder
- Ship side
- Cutting tool
- Moon feature
- Lifted with effort
- Initial victory?
- Female relative
- Doddering
- Compress
- Dark, to Donne
- Metric measure
- Art \_\_\_\_
- Inside
- Cracker spread
- Varnish ingredi-ent
- Be wrong
- Coral, e.g.
- Spot
- Bite

# Sudoku

Puzzle #127

	1		6					
7							5	3
	6	3						7
5	8	7	1			3	6	
				3			8	
		1	4	6				
6					5			
9	7			8		2		
	5		7	4	9			

## Sudoku - #126 SOLUTIONS Crossword - #390

9	1	5	7	3	8	2	6	4
7	6	3	1	2	4	9	5	8
4	8	2	6	5	9	3	1	7
6	7	1	8	9	2	4	3	5
8	3	9	5	4	1	6	7	2
5	2	4	3	6	7	8	9	1
2	4	7	9	1	6	5	8	3
1	5	6	4	8	3	7	2	9
3	9	8	2	7	5	1	4	6

COY	MALL	THIS	AMP
ASEA	HIRE	GEL	
PEA	SLIM	ADIT	ODE
ERRATA	ATTEST	RIA	
RAND	NOSH	EXACT	
MYTH	EMBLEM		
OGEE	MERELY	ALB	
SCENT	LEMUR	SORA	
ITS	IDEA	BEER	SOW
BASE	AMPLE	AREAL	
DOC	DISARM	NERD	
HASTEN	OTIC		
BEFOG	ABBE	TOMB	
ELL	ECLAIR	AMORAL	
LIE	NOON	ORCA	ICE
ADE	DART	TAUT	EHS
YET	ALEE	HYPE	LOT



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# CLASSIFIEDS

## FOR SALE

Double-sized sofa bed, like new, \$100/OBO. 406-222-4636

## HELP WANTED

**Two Carpenters** (\$35 plus an hour) and one **laborer** (\$20 plus an hour) needed for full-time, year-round positions with benefits. Must have own 4x4 transportation. Contact Rudy Greger for interview at 406-222-6506 or 406-220-1703.

**Arrowhead Elementary School** is looking for a Food Service Cook. Hours are eight hours a day, 4 days a week, with some Fridays. Starting pay is \$20/hour.

- Experience with Commercial food preparation (Menu planning, Food Production, Serving Food (offer vs serve)
- Point of Service, Purchasing/ Procurement, Receiving and Storage, Food Safety and HACCP
- Ability to complete state/federal reports
- Attend State meetings
- Focus on using healthy fresh sustainable products
- Montana Driver's License
- Lift 50 pounds
- Honest, organized, reliable, self-motivated

Submit district application, resume, criminal background investigation form, Equal Opportunity Employer form, and fingerprints to Johanna Osborn, Principal, P.O. Box 37, Pray, MT 59065 or email to josborn@arrowheadk8.org. Application materials may be requested by contacting the District Clerk at 406-924-6865 or cself@arrowheadk8.org.

### 2024-2025 Vacancies

#### Arrowhead School District #75

- **Paraprofessional** Monday-Thursday some Fridays, \$18/hour, health, dental, and/or vision
- **High Needs Paraprofessional** Monday-Thursday some Fridays, Hourly Wage D.O.E., health, dental, and/or vision
- **After School Assistant**

More details and Applications for all vacancies may be picked up at the Arrowhead Elementary School in Pray, or visit our district website at: Arrowheadk8.com. Questions please reach out to Johanna Osborn, Principal 406-333-4359 or josborn@arrowheadk8.org.

#### Arrowhead School District #75 is NOW HIRING

Arrowhead School District is located in the beautiful Paradise Valley, South of Livingston, MT. Arrowhead is a small rural school serving 4K to 8th-grade students. We currently serve less than 100 students. Please reach out if you are interested in any of the following positions for the 2025-2026 School Year:

- Principal
- K-8 Teacher
- Special Education Teacher
- High Needs Paraprofessional
- Paraprofessional
- After School Program – Coordinator, Specialist, and Aide
- 2025 Summer School Program – Coordinator, Specialist, and Aide

**For further information:** Contact the School Principal, Johanna Osborn at (406) 333-4359, josborn@arrowheadk8.org, or visit the district website at <https://www.arrowheadk8.com/>.

#### Key Insurance in Livingston is looking to hire a Licensed Insurance Agent to our team.

We are dedicated to providing individuals, families, businesses and their employees with the very best in supplemental benefits. Working hand-in-hand with our customers, our dedicated sales force provides personal face-to-face service that is almost unheard of in today's business world. We are committed to providing our clients with the right protection, customized to their needs. We offer \$55K to start depending on qualifications. Please contact Alice at 406-222-0944 to schedule an interview or email resume to [alice@montanainsurance.net](mailto:alice@montanainsurance.net).

#### Come Join Our Kenyon Noble Team!

Kenyon Noble Lumber & Hardware's Livingston location is currently accepting applications & hiring for Warehouse Associates and Delivery Drivers. No experience necessary—we will train! Offering competitive wages and great benefits packages. For more information and to see the complete job listing visit us at [kenyonnoble.com/jobs](http://kenyonnoble.com/jobs). You can also apply online!



**The Gardiner school** is searching for the following coaching positions for the 2025-2026 school year.

**1. Junior High football (head and assistant).** August 15-Oct 15

**2. High school girls basketball (head coach).** November 20-February 28

#### General duties for the coach.

- Create and implement practice plans for the team.
- Communicate regularly with school administration, athletic director, families, the public, and players.
- Participate in parent meetings, senior night, and awards ceremonies.
- Have an understanding of the game of basketball and a good working relationship with athletes.
- Maintain the values of the Bruin athletic program.
- Must complete the state required coaching classes: MHSA rules clinic (HS), Concussion in Sports (HS and JH) and Fundamental in Coaching (HS), First Aid and CPR (HS and JH). Please contact Jeannette Bray or Carmen Harbach at the Gardiner school. 406 848 7563. [jbray@gardiner.org](mailto:jbray@gardiner.org), or [carmen@gardiner.org](mailto:carmen@gardiner.org)

#### School Bus Drivers Needed.

Gardiner Public Schools is seeking applicants for School Bus Route Driver Substitute and Activities Bus Driver for the 24/25 school year, with potential for a Regular School Route Driver position for the 25/26

school year. Substitute position is responsible for being on call to drive a morning and afternoon bus route. Activities bus driving would include weekends and evenings or nights on an on call basis. Position requires background check, and drug testing. The school district will assist individuals with training to obtain appropriate licensure. The licensing process is very long and should be started as soon as possible. Individuals must hold a Class B license with a school bus endorsement after training. Individuals interested in the position should fill out the general application for employment on the schools' website, and contact Jeannette Bray [jbray@gardiner.org](mailto:jbray@gardiner.org). Application materials may also be picked up at the school district main office.

#### Mobile Crisis Response Program Manager

Do you have a passion for community mental health? The City of Livingston, Montana, is seeking a highly motivated, caring individual for a rewarding opportunity to serve as the Mobile Crisis Response Program Team Manager. In this role, you will support our community-based, collaborative crisis response team. This position reports to and works under the direction of the Fire Chief.

The Program Manager is responsible for developing and maintaining the Mobile Crisis Response Team (MCRT) and its program. Key responsibilities include managing the annual budget, securing funding through Medicaid reimbursements and grants, and creating program policies and procedures that align with Medicaid and City of Livingston policies. Additional duties include participating in staff hiring, training, scheduling, and performance management. The Program Manager will also develop data tracking systems to produce program statistical reports and maintain clinical records.

This role requires the ability to build strong relationships and collaborate effectively with law enforcement, fire departments, emergency medical services, schools, hospital emergency departments, and social service community agencies.

To apply, please send the following items to [HR@LivingstonMontana.org](mailto:HR@LivingstonMontana.org):

- An updated resume
- A cover letter detailing your interest in the Mobile Crisis Response Team

For more information regarding this job posting, please see: [https://www.livingstonmontana.org/sites/default/files/fileattachments/human\\_resources/page/9024/01.06.2025\\_mobile\\_crisis\\_response\\_program\\_manager\\_f\\_tyr.pdf](https://www.livingstonmontana.org/sites/default/files/fileattachments/human_resources/page/9024/01.06.2025_mobile_crisis_response_program_manager_f_tyr.pdf)

#### Seasonal Pool Manager – Summer 2025

Location: Livingston City Pool, 214 River Drive, Livingston, MT  
Job Type: Seasonal, full-time (up to 40 hours per week)

Pay Rate: \$20.00 - \$24.00 per hour (based on experience)

Application Deadline: March 31, 2025  
Start Date: Early May – Late August 2025  
About the Position

The Seasonal Pool Manager is responsible for overseeing the daily operations of the municipal swimming pool, including supervising staff, ensuring safety procedures, maintaining water quality, and coordinating aquatic programs. This role reports to the Recreation Director and will manage approximately 12 part-time, seasonal pool attendants. Key Responsibilities  
Supervise and manage daily pool operations, ensuring safety

and efficiency. Train, schedule, and oversee lifeguards and pool attendants. Conduct routine safety and emergency training for staff. Maintain pool water quality by performing chemical testing and coordinating maintenance with the Parks Department.

Ensure compliance with safety protocols, including lifeguard surveillance and emergency response procedures. Create and maintain operational reports, schedules, and incident records.

Engage with the public, ensuring excellent customer service and addressing concerns.

Qualifications & Requirements  
Certifications (Required or Willing to Obtain Upon Hire):

Certified Pool Operator (employer-paid certification available)  
Lifeguard, CPR, First Aid, and AED certification

Preferred Experience:  
1-2 years in lifeguarding, recreation, or facility management  
At least one year of supervisory experience

Skills & Abilities:  
Strong leadership, problem-solving, and communication skills  
Ability to handle light mechanical repairs and troubleshooting  
Ability to work flexible hours, including weekends and holidays  
Strong organizational skills to manage schedules and pool operations  
Physical & Environmental Considerations  
Ability to stand, walk, stoop, kneel, and lift up to 50 lbs.

Work is primarily outdoors, with exposure to sunlight, water, pool chemicals, and various weather conditions.

How to Apply  
Email your cover letter and resume to Human Resources at [HR@LivingstonMontana.org](mailto:HR@LivingstonMontana.org).  
Deadline: March 31, 2025 (Interviews begin mid-April).

*Join us for an exciting summer leading a dynamic aquatic team and ensuring a safe, fun experience for the Livingston community!*

#### Detention Officer -- Are You Trustworthy, Self-Motivated and Punctual?

The Park County Sheriff's Office is looking for two new full time team members interested in a career in a law enforcement capacity with our Detention Center. Take pride in performing excellent public service to your community thru providing inmate care.

Be formally trained in integral aspects of your field such as PPCT-pressure point control tactics, tactical handcuffing and CIT- Crisis Intervention Training.

Shifts are bid by seniority, as follows:  
7am-3pm, 3pm -11pm, 11pm-7am  
Benefit package includes Sheriff's Retirement System; 3 vacation weeks, 12 sick days, holidays, Health and Life insurance, AFLAC, discounted local merchants/vendors, etc.

Become part of the Park County Detention Staff and serve the community with compassion and caring in the capacity of a Detention Officer. Click on the Job Description for qualifications and additional information.

To apply please download the application package, print it out and submit with your updated resume and cover letter by mail to:

Park County Human Resources  
414 E. Callender St.  
Livingston, MT 59047

Applications and signatures MUST be originals for consideration. NO ELECTRONIC, FAXED or EMAILED applications will be accepted.

### Arrowhead Elementary District #75

#### Resolution

#### Notice of Intent to Increase/Decrease Non-voted Levies

The Arrowhead Elementary District is committed to financial transparency. Statute 20-9-116 MCA requires the District to provide notice of its intent to increase or decrease non-voted levies in the ensuing fiscal year.

Fund Supported	Estimated Change in Revenues*	Estimated Change in Mills*	Estimated Impact, Home of \$100,000*	Estimated Impact, Home of \$300,000*
Adult Education	No change est.	No change est.	No change est.	No change est.
Bus Depreciation	No change est.	No change est.	No change est.	No change est.
Transportation	No change est.	No change est.	No change est.	No change est.
Tuition	\$ 60,904.56 Increase	3.22 Increase	\$4.34 Increase	\$8.68 Increase
Building Reserve	\$ 466.10 Increase	0.02 Increase	\$0.03 Increase	\$0.09 Increase
<b>Total</b>	<b>\$ 61,370.66 Increase</b>	<b>3.24 Increase</b>	<b>\$4.37 Increase</b>	<b>\$8.77 Increase</b>

\*Impacts above are based on current certified taxable valuations from the current school fiscal year, as required by 20-9-116 MCA

The District Major Maintenance Amount (SMMA) is \$23,360. We estimate the State share of the SMMA if fully funded will equal \$3,563.39 so our anticipated permissive levy in the Building Reserve is \$19,796.61. The amount of SMMA per dollar of local effort is 0.18 (20-9-525(3)MCA). The District intends to use the permissive Building Reserve levies listed above to finance projects and improvements to school and student safety.

These estimates are the District's best estimates at the current time. If the District's taxable value, certified by the department of revenue 20-9-369(3) MCA, increases the mill and taxpayer cost increases will be less than presented here. These estimates are preliminary and changes are expected before the final budgets are set in August. Please contact the District Business Office at (406) 924-6865 or [cself@arrowheadk8.org](mailto:cself@arrowheadk8.org) if you have questions.

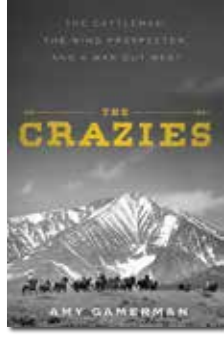
# Amy Gamerman Visits Elk River Books

Journalist Amy Gamerman will visit Elk River Books during her national tour to sign copies of her book, *The Crazy Mountains*, *The Wind Prospector*, and *A War out West*, on Friday, April 4th, from noon to 2 pm.



*tains and across the plains of central Montana, The Crazy Mountains has the power to leave you feeling walloped, whipsawed, and wildly invigorated, all within the same breath. This story boasts the page-turning compulsiveness of a true-to-life thriller, set in the heart of the American West - Kevin Fedarko, author of A Walk in the Park.*

Gamerman's book explores the recent battles over land use in and around the Crazy Mountains of Montana.



"A dazzling piece of narrative nonfiction about land lust and the American West, *The Crazy Mountains* tells the story of a wind farm that triggers a 21st Century range war between a struggling fifth-generation rancher and the billionaires next door."

*Like the ferocious winds that roar down from the moun-*

Gamerman has written about real estate and culture for the *Wall Street Journal* for more than two decades. *The Crazy Mountains* is her first book.

Elk River Books is located at 122 S. 2nd St. in downtown Livingston, and features a curated selection of fine new, used and collectible books, and is a community gathering space for numerous author events. For more information, send an email to [info@elkriverbooks.com](mailto:info@elkriverbooks.com) or call (406) 333-2330.

# Photography and Discussion with Tom Murphy at Elk River Books

Livingston-based photographer and backcountry expert Tom Murphy will present images from a discussion of his newest book, *A Voice for the Wild: Skiing Through Yellowstone National Park*, on Thursday, April 3rd, at Elk River Books.



history photography primarily in Yellowstone and was the first person licensed to lead photography tours in the park. His photographs have been featured in numerous regional, national and international publications including *Life*, *Architectural Digest*, *National Geographic*, *Audubon*, *BBC*, *Professional Photographers of America*, and *Time*. He was Cameron Diaz's guide in Yellowstone for an MTV project, and he photographed for Meredith Brokaw's cookbook, *Big Sky Cooking*.

Murphy is the only known person to have traversed the length of Yellowstone National Park solo in winter. He has experienced Yellowstone at its most brutal and beautiful moments. In *A Voice for the Wild* he offers insight into the wild land and wildlife of this rare country; he bears witness to the solace of cold clear air, to calm emptiness, and to the awesome forces of nature. His photographs document the diverse and harrowing conditions within one of North America's most remote regions.

Murphy is the author of eight previous books of photography and essays on Yellowstone. His Emmy-nominated film, *Silence and Solitude*, was produced by PBS, and each year he produces a wildly popular calendar featuring his wildlife and landscape photography.

Since 1975, Murphy has traveled extensively within Yellowstone's 3400 square miles, hiking and skiing thousands of miles on extended overnight trips in the backcountry. Through his company, Wilderness Photography Expeditions, he has built an internationally respected photography seminar series, teaching natural

Elk River Books is located at 122 S. 2nd St. in downtown Livingston. The event begins at 7 pm, and a book signing and reception will follow. For those who can't attend in person, the event will live-stream at [YouTube.com/ElkRiverBooks](https://www.youtube.com/ElkRiverBooks). For more information, send an email to [info@elkriverbooks.com](mailto:info@elkriverbooks.com) or call (406) 333-2330.



# Landmark REAL ESTATE

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## FEATURED LISTINGS

[ERALivingston.com](http://ERALivingston.com) | 406.222.8700



### 107 Elliot Street N

3,104 sq ft  
#398072 | \$600,000

Tammy Berendts | 406-220-0159



### 320 S C Street

1 bed 1 bath | 440 sq ft  
#385422 | \$300,000

Ernie Meador | 406-220-0231



### 49 Two Dot Highway

2 beds 1 bath | 1,160 sq ft  
#389858 | \$300,000

Rachel Moore | 406-794-4971



### 28 W Grannis

3 beds 2 baths | 9+ Acres  
#390575 | \$875,000

Julie Kennedy | 406-223-7753



### 27 Royal Wulff

3 beds 2.5 baths | 2,668 sq ft  
#390722 | \$1,794,000

Swanson Team | 406-220-2045



### 401 S Main Street

Commercial Sale 10,375 sq ft  
#384182 | \$2,200,000

Ernie Meador | 406-220-0231



### 1115 Ridgeview Trail

3 beds 2.5 baths | 1,758 sq ft  
#399280 | \$599,000

Baylor & Carolina Carter | 406-223-7903



### 7 Aquila Lane

Land Listing | 2+ acres  
#394836 | \$249,000

Deb Kelly | 406-220-0801



### 619 N 12th Street

Multi-Family | Duplex  
#398691 | \$685,000

Ernie Meador | 406-220-0231



### NHN High Ground Avenue

Land Listing | 0.33 acres  
#395419 | \$200,000

Julie Kennedy | 406-223-7753



### 325 N 3rd Street

Multi-Family | Five+ Units  
#394662 | \$829,000

Swanson Team | 406-220-2045



### 1296 US Hwy 10 W

Commercial Sale | 10,160 sq ft  
#397843 | \$2,500,000

Ernie Meador | 406-220-0231



## 120 EAST PARK LIVINGSTON, MT

Greetings from the New Location of **EVERY'S ART WORX** ! Yes ! We're **OPEN FOR BUSINESS** ! Monday thru Saturday 11-5. Custom Matting and Framing your Favorite Art Work is our Specialty. Last weekend, I got the hangers installed to display some of My **Original Art** ! There's more to come, so stay tuned for the further adventures. I **LOVE** the new Digs. Right off Park. 6 huge windows for excellent Day Light Lighting and LOTS of Traffic. Cars, Trucks and Trains carrying Airplane parts ! Oh, and look at the Blue Sky and Snow in the Mountains. We're sill offering Glass Cutting, Matt Cutting, Shrink Wrapping, Poster Mounting and etc. Let us change out your old mats for a brand new look. Or maybe you want to Mat & Frame your latest Adventure in your New Sprinter ! Come by today or call and make an appointment to fit into your time schedule. 406-222-5974 or E-mail me at: [itextavery@gmail.com](mailto:itextavery@gmail.com)



## REALTORS® in Livingston, Bozeman, Big Sky & Ennis

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Robyn Erlenbush CRB Broker Owner | Each office independently owned & operated.

# Should you Replace Your Old Halogen Headlights with LED Models?

Most new vehicles are equipped with LED headlights, which are renowned for their durability. However, if your car is already a few years old, it's quite possible that you have halogen bulbs. Should you replace

them? Here's what you need to consider.

### DIFFERENCES

LED bulbs emit a whiter light than halogen bulbs. They generally light up the road better and require less energy. However, this makes them more likely to "blind" oncoming drivers, which is why it's important to

position them so the beam of light doesn't point too high.

Halogen bulbs, on the other hand, are relatively affordable. They typically cost between \$15 and \$30 each. A pair of LED headlights can easily retail for over \$130.

### REGULATIONS

Although LED headlights offer several advantages, you should ensure they meet regional standards

before you install them on your vehicle. Take care when you consider purchasing them, especially if they've been imported from a country with different regulations.

Ask a professional to confirm that the product you're interested in complies with local laws.

Are you not sure which type of headlights to get for your car? Talk to an auto parts expert near you.

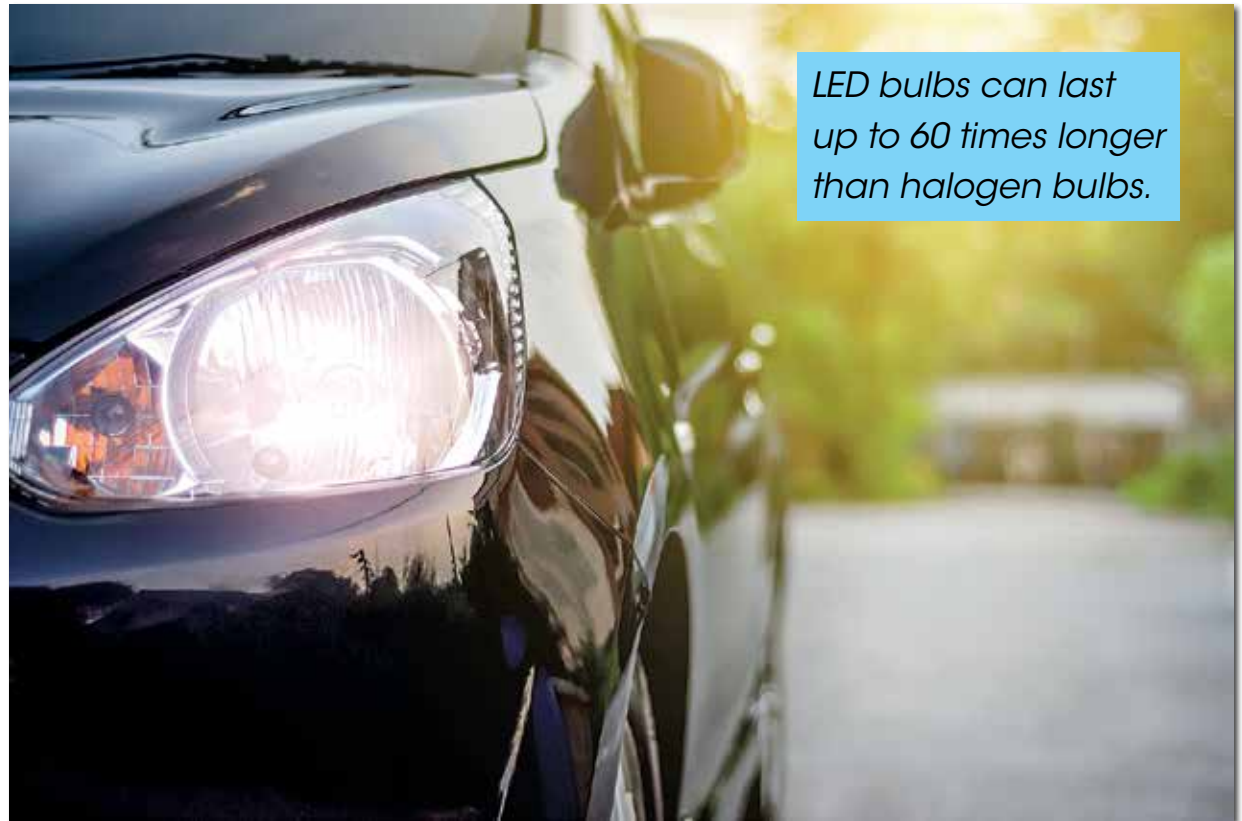
## AARP<sup>SM</sup> FOUNDATION Tax-Aide

AARP Tax-Aide volunteers are preparing taxes



AARP Tax-Aide volunteers are preparing taxes for low to moderate-income citizens. AARP or Senior Center memberships are not required. Call to schedule an appointment at the Park County/Livingston Public Library 406-220-6249. **Pick up and complete a pre-appointment packet** before your scheduled visit. Returns that include rental property or businesses with employees or inventory are out of their scope.

Questions? Please contact (406) 219-7879.



LED bulbs can last up to 60 times longer than halogen bulbs.

## NOW SHOWING



## SHOWTIMES

**SNOW WHITE**  
Friday, March 28th -  
Thursday, April 3rd  
4:15 pm and 7:15 pm

**THE ASSESSMENT**  
Friday, March 28th -  
Thursday, April 3rd  
4:30 pm and 7 pm



106 North 2nd Street  
Livingston, MT  
406-222-0111  
livingstonmovies.com

## SHOPPERS WANTED FOR THE Arts & Crafts Spring Fling

**Big Timber, MT**  
**April 26<sup>th</sup> • 9 am - 3 pm**

*Creations by Montana Artists & Crafters*  
Hosted by P.E.O. Chapter CD

P.E.O. chapters support the educational and charitable funds of the P.E.O. Sisterhood, but are not classified as charitable by the IRS. Therefore, donations to individual chapters do not meet the IRS requirements for a charitable income tax deduction. P.E.O. shall not be liable in any way for any goods and services supplied by third-party vendors or public establishments.

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- ✓ Computer repairs/upgrades
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You've got questions, we've got answers!

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